

Community Dialogue

Fairfax High School, invites you to participate in a community event focused on student wellness. There will be an interactive workshop for parents focusing on communication skills when working with stressed out teens as well as a presentation on various emotional regulation tools being taught through Fairfax High School's approach to Social-Emotional Learning.

April 19, 2018, 6:30 to 8:30 p.m.

Fairfax High School—Multipurpose Room

RSVP at <https://goo.gl/forms/DtFgMdqyvZKYbAkL2>



Cathi Cohen, a Licensed Clinical Social Worker and Certified Group Psychotherapist, has worked with children, adolescents, and adults in a clinical setting since 1984.

Cathi is the author of *Raise Your Child's Social IQ: Stepping Stones to People Skills for Kids*, and has become a leading expert in the field of social skills training with children. She has since then completed two more books, *Stepping Stones to Building Friendships: A Guide for Camp Counselors*, and *Outnumbered, Not Outsmarted: An A to Z Guide for Working with Kids and Teens in Groups*.



QUESTIONS???

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