Ever ask yourself these questions:

- When is my teen being a “typical moody teenager” or is it something more?
- How do I grant independence for my child and still help them be successful?
- What exactly is happening when my child is using social media and how do I know it’s healthy for my child?
- Stress, stress, stress! What’s the impact of all this stress on my teen and how do I help him/her cope with the stressors?

Then Join Us on

February 16th, 2016 at 6:30 at Lanier in the Auditorium

Lanier MS PTSA is Sponsoring a Presentation by

Dr. Heather Tedesco, clinical psychologist, titled:

Adolescent Health and Happiness: A Parent’s Guide

**We will also present information on a depression screening available for parents to use at home with their adolescent student(s).