Colonial Day

On January 22nd, fourth grade students had fun while learning about a special period in American history. Classrooms were arranged to welcome “The Colonists”, who were assembled in groups to rotate to the different activities. They enjoyed learning about candle-making, pomander balls, colonial lettering, penmanship and slates, paper art and games. The students also dressed up in their best colonial attire to enjoy this great learning experience!

Geography Bee

Students in grades 4-6 participated in the Geography Bee sponsored by National Geographic. Congratulations to the class winners!

Ms. Avery – Samik Bhinge
Mr. Brizek – Ranen Shakir
Mrs. Campbell – Benjamin Pennington
Mr. Keating – Yolanda Chiyaka
Mrs. Miller – Davin Nayar
Ms. Mullaney – Rachel Becking
Mrs. Biester – Hank Waterston
Ms. Carter – Mahnoor Bhatti
Mr. Cheung – Declan McAlevy
Mr. Holzhu – Nathan Ferns
Mr. Maloney – Parth Batra
Ms. Shannon – Luke Zarycky
Ms. Tyrpak – Sydney Thomas/Dillan Khurana
Mrs. Eisele – Mehri Mamadnazarova
Ms. Levis – Samantha Bernier Bermudez
Ms. Maples – Laila Ahmad-Zani
Mrs. Nicholson – Pierina Valdivieso
Mr. Tucker – Dhruv Sundararaman
Ms. Wellner – Harsha Harish

Big congratulations to our school geography bee winner, Harsha Harish. Congratulations, Harsha, and good luck in the next round of competition.

International Night!

Reminder! Everyone is invited to this great celebration!
Thursday, February 19th, 6:00 pm – 8:00 pm
Children must be accompanied by parents AT ALL TIMES.
Congratulations to our 6th grade MathCounts team. They competed in the regional competition on Sat. Feb. 7th.

The competition included 448 students from 51 schools from the three Northern Virginia Areas and was sponsored by the Virginia Society of Professional Engineers.

Special congratulations to Amy Chang who won the trophy for the highest scorer for our school.

Nominations Now Open for Outstanding First-Year Teacher and First-Year Principal, Support Employee of the Year, and Leadership Award

FCPS employee awards celebrate excellence and recognize contributions that promote student success. Nominations are now being accepted for Outstanding First-Year Teacher, Outstanding First-Year Principal, Support Employee of the Year, and Leadership Award, with the award deadlines beginning February 13.

PTA Yard Sale

Mark your calendars and start saving your items for the annual PTA yard sale in March. More information about date, time and donations coming soon in the Wednesday folder.

Children’s Dental Health Month

The two major oral health diseases are tooth decay (dental caries) and gum (periodontal) disease. Both diseases are influenced by nutrition and diet. Nutrition plays an important role in the development of teeth and oral tissue. Dental caries result from the interaction between the tooth, oral bacteria, and dietary carbohydrates (sugar and starch).

Plaque is a sticky film of bacteria that forms on our teeth and turns the sugars and starches in our food into acids. These acids act on the tooth enamel and cause tooth decay. If high-acid producing or sugar foods (raisins, cookies, cakes, potato chips) are consumed, they should be eaten with meals, not as snacks. Cheeses, popcorn, raw fruits and vegetables are low-acid producing food and make healthy snacks.

To prevent dental disease, remember to:
1. Brush teeth after every meal with fluoridated toothpaste.
2. Floss teeth daily.
3. Visit the dentist and dental hygienist regularly.
4. Eat a nutritionally balanced diet.
Avoid foods that stay in the mouth a long time and stick to teeth (raisins, hard candies, and caramels).

Dates to Remember

February 16th – President’s Day Holiday – No School
February 17th – PTA Meeting at 6:30 pm
February 19th – International Night at 6 pm
February 27th – PTA Skate Night
March 12th – Trivia Night at 6:30 pm
March 14th – PTA Yard Sale
March 16th – Student Holiday – No School
March 17th – PTA Meeting at 6:30 pm