International Night

On February 19th, Mosby Woods hosted its annual International Night event. The intention of the evening was to celebrate the diversity we cherish in our school, with celebration being the key word. Many parents supplied taste samples of food from their native countries while others proudly displayed flags, banners, and pictures in an effort to share some personal information about who they are with the rest of our community. The night was a success because of the collaboration of the International Night Committee. This committee consisted of parents and teachers who spent time planning the night’s agenda which included a fashion show, cultural dances, and musical showcases. Special thanks to our teachers and Mrs. Choi, for their leadership of the event.

Dr. Seuss Read Across America Day

Read Across America Day is a nationwide reading event that celebrates Dr. Seuss’s birthday on March 3rd. This year Mosby Woods celebrated Read Across America Day on Tuesday, March 3rd. Students and staff dressed as their favorite book character and had a fun-filled day of reading and celebrating children’s literature.

It’s yearbook time!

Order your copy by March 13th!
Cost: $15.00
Order forms are available in the office.
Healthy Snacks

Hectic schedules and easy access to junk food make it hard to control unhealthy snacking. But the solution isn’t to completely cut out snacks. Healthy snacks can help children get the nutrients needed to grow and maintain a healthy weight – and to power up for their day!

Tips to make healthy snacks a habit for you and your children:

- **Make snacks in advance.** For example, slice veggies and keep them in the fridge ready to eat with hummus or low-fat dressing.
- **Pack it up.** Always keep a healthy snack with you when you’re on the go, such as nuts and dried fruit.
- **Keep an eye on the size.** Snacks should not replace a meal, so look for ways to help your kids understand how much is enough.
- **Read labels carefully.** Don’t believe product marketing – read nutrition labels to determine if the food contains high amounts of salt, sugar and fat.

Special Presentation: Strategies and Resources for Home and School

MWES counselors Bridget Kraft and Laura Zinn will give a brief presentation during the February PTA meeting. Come learn about the lessons, tools, strategies and skills they teach your children. Leave with information about resources you can use at home.

(Authors, presenters, suggested books/dvds)

Also, you are invited to an Oakton Pyramid presentation:

Mosby Woods and 4 other schools in the Oakton Pyramid Offer:

Your Child’s Mind: Promoting Motivation, Grit and Engaged Learning

When: Wednesday, March 18th, 6:00-7:00pm
(Snow date March 25)

Where: Waples Mill Elementary School

Who: Presented by Rachna Varia, PhD clinical psychologist, and Kristi Guadagnoli, PsyD, co-founders of MindWell Psychology. As both parents and psychologists, they understand how important it is to know and foster your child's unique learning style.

What: The presentation will help parents identify how our children can learn to persevere through challenges and develop intrinsic motivation. We will also discuss the role of executive functioning, or how a student can learn to learn since learning is an active, not a passive process.

- What is the role of motivation and perseverance?
- How can we teach and model the importance of grit or working hard?
- How do we parent and teach our children without it becoming a power struggle?

Dr. Varia and Dr. Guadagnoli will be presenting the latest research, practical techniques, and real life examples in an interactive and informative manner.

Please sign up by clicking on this link: [http://www.signupgenius.com/go/10c0b45a9a62babfc1-executive](http://www.signupgenius.com/go/10c0b45a9a62babfc1-executive)

Two great fundraising events

Everyone is invited to Family Trivia night on Thursday, March 12 to support the 6th grade field trip. It begins at 6:30 in the cafeteria. There will be pizza for sale and GREAT prizes to win!

The PTA yard sale is Saturday, March 14th from 8-11a.m. The PTA is accepting donations of goods to sell on Friday night and still needs some volunteers to make the event a success! Please help if you can by using the link below.

Thank you very much for your help!

[http://www.signupgenius.com/go/20f0c4eafaa2aa20-mosby2](http://www.signupgenius.com/go/20f0c4eafaa2aa20-mosby2)
Congratulations to Harsha Harish for qualifying to compete in the state level competition of the National Geography Bee, sponsored by Plum Creek. The state Bee will be held on Friday, March 27, 2015 at Longwood University.

Congratulations to two of our school Odyssey of the Mind teams! Odyssey of the Mind is a creative problem-solving competition for students of all ages. Teams select a problem, create a solution, and then present their solution in the competition against other teams in the same problem and division. Team members come up with all the ideas for their solutions and do all the work themselves. Coaches may help teach skills and educate the team on ways of approaching the problem and of evaluating their solution.

Our Division II team consisting of Dhruv Sundararaman, Vihini Gunasekara, Vikram Achuthan, Eden Ethington and Pesandi Gunasekara won first place in the competition!

Our other Mosby Woods team of 5th graders Alison Song, Kaiya Munz and 6th graders Aidan Harbison, Nathan Harbison, Sean Nguyen, Sara Silarszka and Eliot Ward won 2nd place for Pandora's Box, Division IIA at the Odyssey of the Mind Tournament.

Congratulations to all of our winners!!!!

**3rd Annual Sunshine Open Golf**

The Fairfax County Public Schools Office of Transportation Services at Stonecroft is holding the 3rd Annual Sunshine Open Golf Outing on April 17th. You are invited to enjoy a fun day of golfing, food, networking, and fundraising at Pleasant Valley Golf Club. This event will support school bus safety and the Patrol Scholarship Fund.

Girls in Politics Initiative (“GIP”) is an education organization that introduces girls ages 8 to 17 to politics, public policy and government. They host summer camps and one-day academic enrichment programs. This year they are offering a week long summer session of Camp Congress for Girls DC 2015 and a May 3rd Politics, Advocacy and Political Careers for Girls Workshop.

To learn more about Girls in Politics Initiative or to register for the camp, please go to their website at [www.girlsinpolitics.org](http://www.girlsinpolitics.org).

**Dates to Remember**

- March 12th – Trivia Night at 6:30 pm
- March 14th – PTA Yard Sale (8:00 am – 11:00 am)
- March 16th – Student Holiday – No School
- March 17th – PTA Meeting at 6:30 pm
- March 20th – 2nd Grade Field Trip (Banks and Dew)
- March 23rd – 2nd Grade Field Trip (Miska and West)
- March 26th – Arts Integration Night (2nd, 3rd & 5th Grades) at 6:30 p.m.
- March 30th – April 3rd – Spring Break- School closed
- April 6th – Teacher Workday- student holiday
- April 9th – Spring Pictures
  Einstein night at 6:30 p.m.

Registration for Kindergarten is now open!
Stop by the office to pick up a registration package.

**Spring Break:**
March 30th – April 3rd
The Office will be closed!