TODAY is Tuesday, the 17th of May, and it is National English Honor Society Week!

Today is A Gold day!

I AM _______________AND I AM ______________________

Please stand for the Pledge

As we begin another school day, let us pause for a moment of silence.
Thank you _________ for today’s Moment of Silence picture.

Attention all golfers, male and female, there will be an interest meeting for next season on

      Wednesday May 18 at 3pm in room 405. Do not be late.

There will be a cheer interest meeting on Monday, May 23rd at 7:30pm in the Recital Hall for

      athletes and parents. Please contact Coach Baptiste if you cannot attend.

      NOW TIME FOR A CLIP
Meet the new Varsity Gymnastics Coach! Thursday May 19th at 3:15 in the driver’s Ed room.

Any returning or interested athletes should attend! Please contact coach Wasserman if you are not able to make it. Any gymnast that was on the team last season MUST bring their uniform with them to the meeting”

Robinson is hosting a competition fundraiser against Centreville High School at Peterson's Ice Cream Depot starting Monday, May 23- Friday, May 27th!

The school with the most money from orders receives a fundraising bonus! Come anytime during Peterson's open hours, and **make sure to say the Robinson password "RamFan" with your order to benefit Robinson!!!

NOW TIME FOR A CLIP
Hey Robinson, it’s Stress Less Week. Here’s one way you can reduce stress in your life.

‘Every night a couple of hours before bed, sit down and make a list of all the issues, problems, and things you have to deal with,’ says Donna Arand, clinical director of Kettering Hospital Sleep Disorders Center in Dayton, Ohio. ‘Next to each item, write a solution or plan.’

When you’re ready for bed, put the list by the bedroom door. That way, if thoughts of your problems arise as you’re trying to sleep, you can tell yourself, ‘I’ve got a plan and I’ll work on it tomorrow,’ says Arand. The reassuring presence of your plan by the door will give it a concrete reality that will allow you to shift your mind to more peaceful things.

**Now time for a clip**
Sports:

Girls and boys varsity lacrosse play at home tonight against Chantilly for the conference tournament. Varsity baseball plays away at Chantilly tonight for the Conference semifinals.

Good luck!

There are no Senior Happy Days today. 😊

Have a great day, Robinson!!