Parent University Topics and Dates (tentative)

Oct. 16
Fostering Responsibility (Life 101) and Ending the Homework Hassel – Heidi Hogan

Nov. 13
Navigating the Nutritional Minefield with your Child – Alan Zametkin (NIH) (aka Childhood Obesity)

Jan. 8
Birds and the Bees – Pediatrician

Feb. 12
Tips for Busy Moms and Dads (Recipe and organizational idea xchange) – Mgr. of Container Store

March 12
Is it Just a Phase? – Sue Swedo (NIH)

April 16
Understanding ADHD and its’ Medications – Alan Zametkin (NIH)

ALTERNATE TOPICS
Boy Communication
Social Inclusion/Exclusion
Sleep Issues in Children