Fairfax County Public Schools (FCPS) provides a comprehensive, sequential Family Life Education (FLE) program for kindergarten through grade twelve. Instruction is seen as a partnership among parents and guardians, the school, and the community in supporting the learning essential to the development of strong families, positive relationships, and a healthy community.

Parents/guardians may choose to opt their child out of all or part of the Family Life Education program. Students who are opted out are provided with age-appropriate, nonpunitive alternative health instruction, and every effort is made to foster respect for family choices. If you wish to opt your child out of all or part of FLE for this school year, opt out forms were included in your child’s back-to-school/orientation packets and are available online at http://www.fcps.edu/is/hpe/fle.shtml. Please fill in the opt-out form and return it to your child’s school prior to Family Life Education instruction.

Detailed grade-level program descriptions are available online at http://www.fcps.edu/is/hpe/fle.shtml and FLE grade level-specific lessons are available for parents online in FCPS 24-7 (Blackboard) Parent View. Parents/guardians will need the new SIS account to access FCPS 24-7. Account information is available at your local school or online at http://www.fcps.edu/is/instructionaltechnology/247help/parents.shtml. Grade level-specific lessons are also available at the Fairfax County Regional Library in the City of Fairfax (this location does not have media). Grade level-specific lessons and media are also available for review at your child’s school library. Due to copyright permissions, we are unable to stream media online.

Program questions may be addressed at your child’s school or by contacting Instructional Services at 571-423-4550 or by contacting Elizabeth Payne, Health and Physical Education Coordinator at etpayne@fcps.edu.